

BALTIC JUNIOR CUP 2012

Bulletin No. 3



**Changes and updates if compare to Bulletin No. 2 are marked with red and blue.*

General information

Venue: NW of Latvia, surroundings of Ventspils. Travelling 190 km by buss from Riga, takes ~2 hours.

Time: October 12-14, 2012

Organizers: *Latvian Orienteering Federation (LOF)*, orienteering club *Ziemeļkurzeme* with support from the Municipality of Ventspils

Commission:

Event director - Aigars Vārna

Event coordinators - Valdis Karulis, Mārtiņš Vimba

IT and time keeping - Aivars Žogla, Andris Leja

Mapper, course planner - Indulis Peilāns

Course controllers - Jānis Brauns, Andris Mireckis

Event controller, IOF event adviser - Jurgis Krastiņš

Head of awarding procedure – Ilze Lapiņa

Accommodation: on the hard floor ([gym](#)) in 2 schools in Ventspils. Participants have to use their own mattresses and sleeping bags.

Public race: “Baltic Junior Cup OPEN” public orienteering event also will be organized during “Baltic Junior Cup 2012” (more information (Latvian): <http://www.okzk.lv/?pauguraine>)

Event Center

Ventspils elementary school No.1 (Pļavas street 27)

[Parking – on the streets right next to school \(Inženieru street, Pļavas street\)](#)

Map and locations:



NB!: follow updated accommodation places for teams!

Event Center, Ventspils elementary school No.1:

http://www.balticmaps.eu/?lang=lv&draw_hash=eznepi¢erx=354006¢ery=6362511&zoom=3&layer=map&ls=0

Training area - http://www.balticmaps.eu/?lang=lv&draw_hash=rctytu¢erx=352440¢ery=6361690&zoom=3&layer=map&ls=0

Long distance - http://www.balticmaps.eu/?lang=lv&draw_hash=dsxawc¢erx=350897¢ery=6359185&zoom=4&layer=map&ls=0

Relay - http://www.balticmaps.eu/?lang=lv&draw_hash=dezhe¢erx=352123¢ery=6363163&zoom=3&layer=map&ls=0

Ventspils elementary school No.1 -

http://www.balticmaps.eu/?lang=lv&draw_hash=kbqekx¢erx=353572¢ery=6363122&zoom=2&layer=map&ls=0

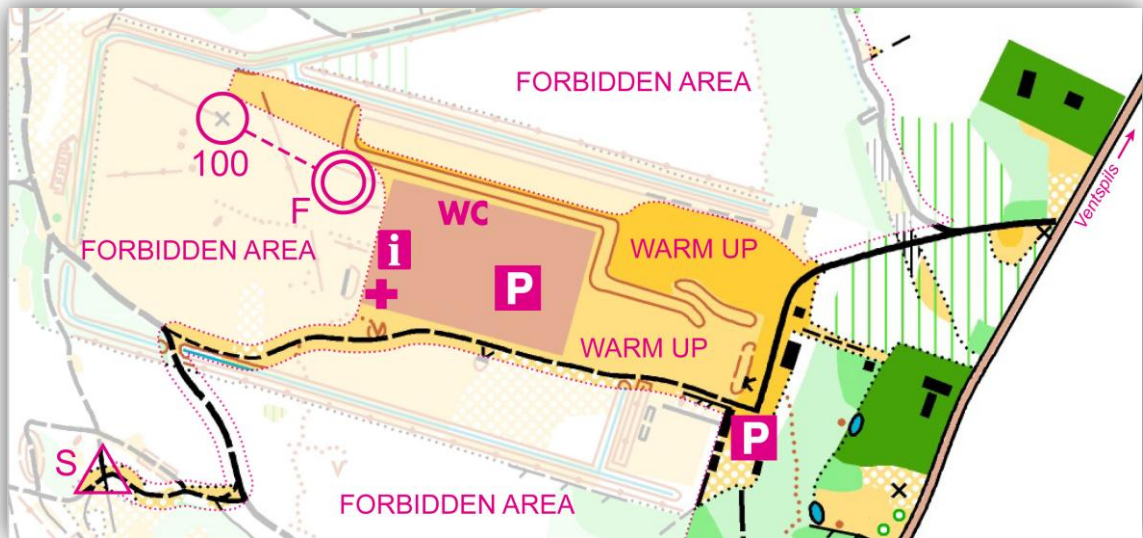
Ventspils secondary school No.4 -

http://www.balticmaps.eu/?lang=lv&draw_hash=dealqw¢erx=353387¢ery=6363726&zoom=2&layer=map&ls=0

Competition Centers:

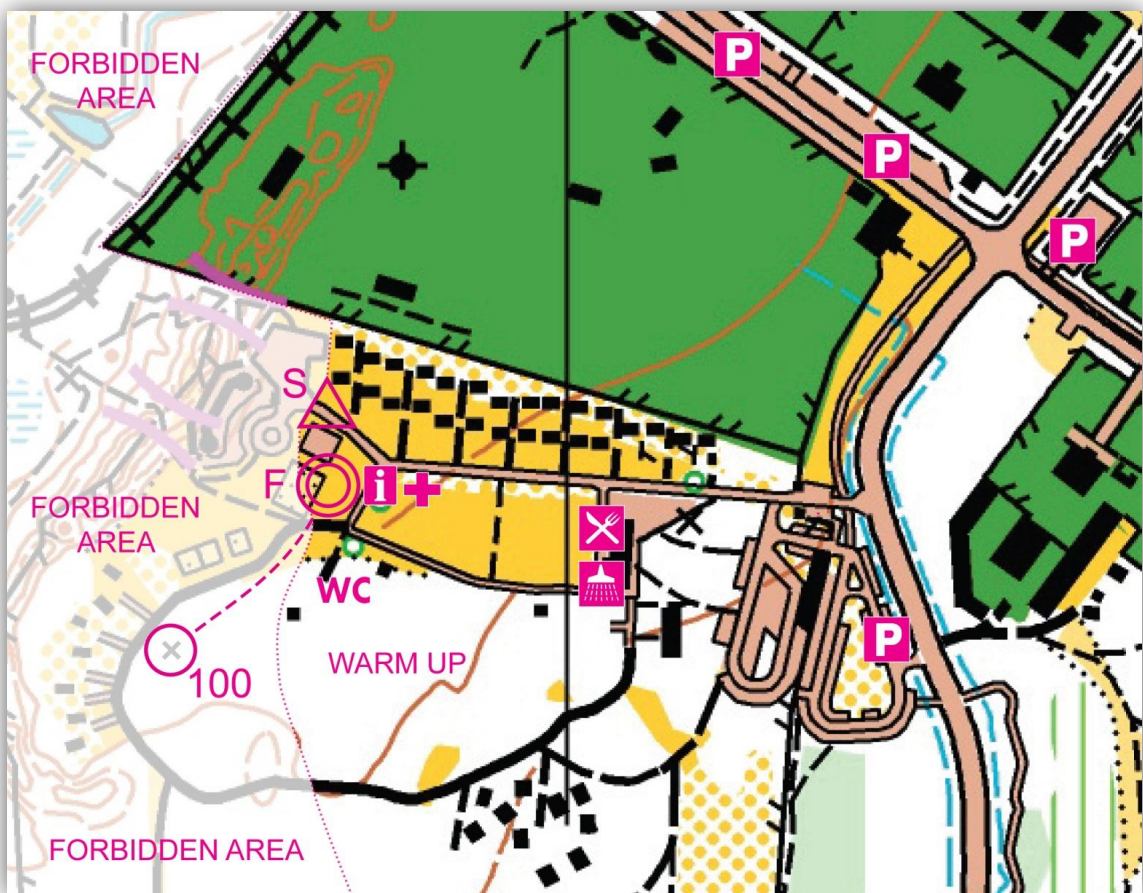
Long distance, Saturday, October 13: *Cirpstone*, ~6 km, SW from Event center (~15 min driving).

Parking – competition center: max 200 m.



Schema of the competition center in Cirpstone

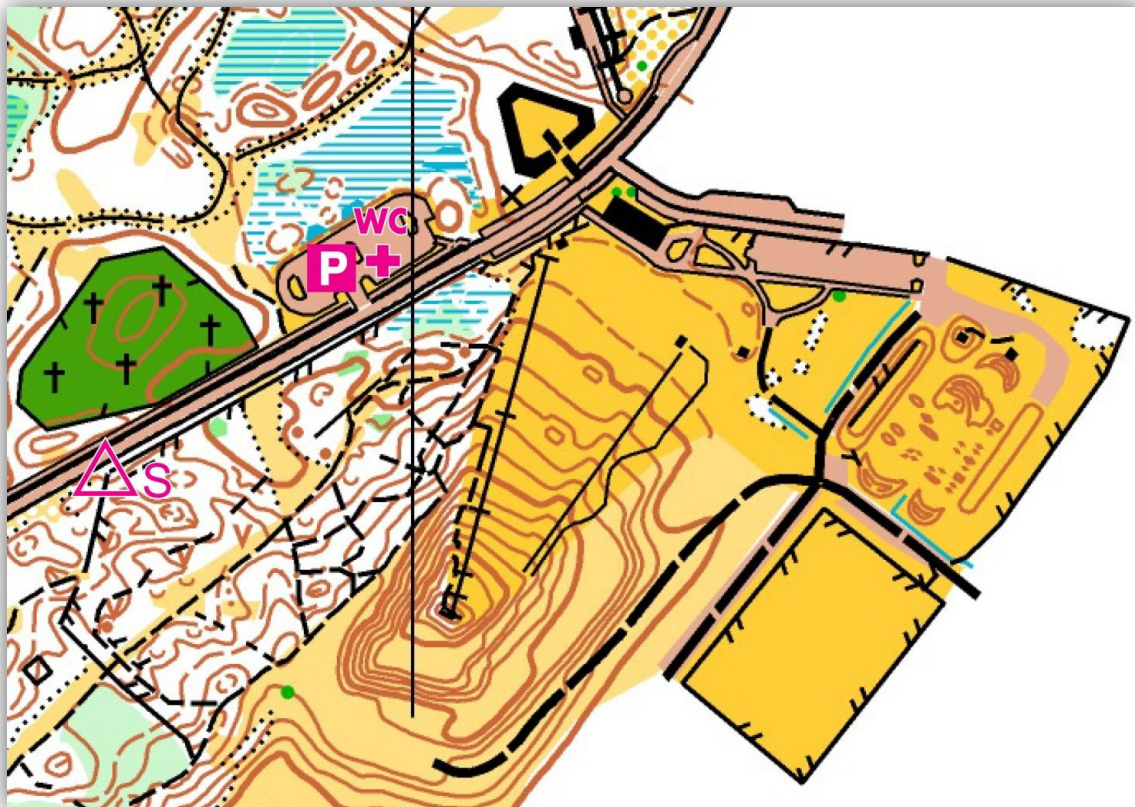
Relay, Sunday, October 14: Camping “Piejūras kempings”, Vasarnīcu street 56; ~2 km W from Event center (~5 min driving). Parking near entrance of camping and on streets near camping. Parking – competition center: max 500 m.



Schema of the competition center in Piejūras kempings

Training area:

Ventspils piedzīvojumu parks (Ventspils Adventure Park), Saules street 141; ~2 km SW from Event center (~5 min driving). There will be toilets and first medical aid available near training area on Friday, from 12: 30 -19:00. Start of training located at the roadside, near fence of *Ventspils piedzīvojumu parks* ~ 150 m SW from parking area.



Schema of the training area start zone near Ventspils piedzīvojumu parks

NB!: Teams must collect training maps in Event center. There will be no maps available directly near training area.

Program

Friday, October 12

from 12:00 Arrival to Event Center and receiving of training maps in Event Center. Free training from 12:30 (controls in terrain) till dinner in training area next to *Ventspils Piedzīvojumu parks* (Saules street 141):

http://www.balticmaps.eu/?lang=lv&draw_hash=rctytu¢erx=352440¢ery=6361690&zoom=3&layer=map&ls=0

from 15:00 Check-in to accommodation centers:

- Ventspils elementary school No.1, Pļavas street 27
- Ventspils secondary school No.4, Rīgas street 12a

18:00 Team leaders meeting at Event Center (long distance)

Number bibs for long distance, rented SI cards and entry forms for mixed relay

19:00-20:00 Dinner

**Providers of meals will do their best in order to offer anti-allergy alternatives*

Saturday, 13th of October

8:00-9:00 Breakfast

from 9:30 arrival to competition center

10:40 Opening

11:00 Start for long distance at competition center *Cirpstene*

13:00 Start for public race, day 1

14:30 Lunch

16:00 Deadline for relay entries (registration desk, competition center)

18:30-19:30 Dinner

20:00 Prize giving ceremony in Ventspils secondary school No.4 (3rd floor)

20:30-23:00 Entertainment by the teams in Ventspils secondary school No.4

20:30 Team leaders meeting in Ventspils secondary school No.4

Number bibs for mixed relay, instructions for relay. Discussion on BJC next events and future.

Sunday, 14th of October

6:00-7:00 Breakfast and handout of lunch packages

from 8:00 arrival to competition center

8:40 Demo of relay changeover

8:50 Entering the start zone for M18 and W18, clearing of SI cards

9:00 Start for mixed relay at competition center *Piejūras kempings*

11:30 Start for public race, day 2

~12:00 Prize giving ceremony at competition center *Piejūras kempings*

~12:30 Departure of teams

Classes in Baltic Junior Cup 2012

Long distance: M16, W16, M18, W18, M20, W20

Mixed relay:

1st leg: M18, W18

2nd leg: M16, W16

3rd leg: W20

4th leg: M20

Participants, entries, fees, banking details

Each country is allowed to enter a maximum of 5 participants in each class. 4 leaders per team are also invited.

Final entries should be sent to e-mail: bjc2012@okzk.lv by Monday, 5th October.

Entry form: <http://www.okzk.lv/?BJC&subaction=showfull&id=1342548203&ucat=38>

An entry fee of 20 euro will be charged from each runner and team leader.

Participation fee must be paid to account details:

IBAN: LV44HABA0551016204530

Bank name: Swedbank

BIC/SWIFT: HABALV22

Address of bank: Balasta dambis 1a, Riga, LV-1048, Latvia

Account holder: Biedrība OK Ziemeļkurzeme

Reg. No: 40008111499

Start lists

Start lists of BJC Long distance are published here:

<http://www.okzk.lv/?BJC&subaction=showfull&id=1341592422&ucat=38>

Start lists of BJC Mixed relay will be published after relay entry deadline on evening of Saturday, October 13.

Accommodation and catering

Accommodation will be on the hard floor in sports gym. Please bring your own sleeping bags and mattresses!

Competitors and team leaders of BJC will have two separate accommodation and catering places:

1) Ventspils elementary school No.1 (Pļavas street 27): [Estonia, Finland and Småland](#).

Breakfast, lunch and dinner will be served in the same location: dining room of Ventspils elementary school No.1.

2) Ventspils secondary school No.4 (Rīgas street 12a): [Lithuania, Latvia and Southern](#)

[Sweden](#). Breakfast, lunch and dinner will be served in the same location: dining room of the Ventspils elementary school No.4.

Catering will be provided starting from dinner Friday, 12th of October, till lunch Sunday, and 14th of October.

Training opportunities

Free training area at Ventspils piedzīvojumu parks (Saules street 141). Terrain in training map is right next and similar to one where the official BJC competitions will be held. Training map is included into the participation fee. There will be controls in the training area without punching system. There will be no time keeping for training. Forbidden area will be clearly drawn on the training map. It is strictly forbidden to cross borders of training area.

Training map "Lemberga hūte": scale 1:10 000 and 2,5 m contour interval.

Mappers: Indulis Peilāns and Leonīds Malankovs.

Free training maps will be available at BJC Event Center 12th of October starting from 12:00 in (Ventspils elementary school No.1 (Pļavas street 27)).

Prize giving

Long distance, Saturday, October 13: Prize giving ceremony will be held at the Ventspils secondary school No.4, before the entertainment party. The winners of first 3 places of each class will be awarded [with symbolic prizes and diplomas](#).

Relay, Sunday, October 14: Prize giving ceremony will be held at the competition center *Piejūras kempings* after the relay race finish. The winning teams of first 3 places in relay will be awarded [with symbolic prizes and diplomas](#).

Entertainment by the teams

Each team must prepare short presentation for entertainment party. Party will start Saturday 13th of October after long distance prize giving ceremony at Ventspils secondary school No.4. [Entertainment party and music will stop at 23:00.](#)

Forbidden area

Area of orienteering maps #905 „Cirstene” and #900 „Ventspils kempings” are forbidden areas. This terrain, except officially provided training area at *Ventspils piedzīvojumu parks* is forbidden for trainings until 15.10.2012.

Bib Numbers

All BJC 2012 participants must wear the official bib number to be allowed to start. The number-bibs will be distributed in the team leaders` meetings.

NB! Competitors are responsible for following relay instructions, wearing right number bib, SI card and taking the right map.

Relay changeover schema:

http://www.okzk.lv/jaunumi/data/augsuplades/images/BJC/infografika_BJC.jpg

Maps, control descriptions

All maps will be put in plastic bags. ~~You may keep your map after finish.~~ Maps will be collected after the finish by organizers. Long distance maps will be returned latest at team leaders meeting. Maps of mixed relay will be returned after the prize giving ceremony. Note that the competition rules state that no information about terrain, map or course may be given to runners who have not started yet!

Control descriptions are printed on the map. The descriptions are according to IOF standard. Additional control descriptions for the long distance will be available in the pre-start area.

Controls

Controls are marked in the terrain with three-sided prism. Many controls are very close together in certain areas. The control's code numbers is placed on the punching unit on top of the control stand.

Punching system

SportIdent electronic punching system will be used. Participants may use their own SI-cards **or rent from the organizer in extra cases (lost, damaged) for 5 EUR.**

Start Procedure

Long distance:

3 minutes before start competitors enter pre-start – start personnel will check SI card and confirm entering the pre-start area at the right time. Clear and check the SI card.

2 minutes before start –take control description

1 minute before start – stand at the map box for the right category. Taking the right map is responsibility of competitor.

At the next long beep, the start signal – take map and run to the start point. The route to the start point is marked and is part of course.

Relay:

First leg runners – enter start area 10 minutes before start and clear the SI-cards.

The competitors of the 1st leg moves to a place corresponding to her/his number about three minutes before the start. Competitor needs stay near map with same number as she/he has.

After start signal runners of the 1st leg start (M18 and W18 together). M18 runner of the 1st leg changes over to W16 on the 2nd leg, but W18 runner of the 1st leg changes over to M16 on the 2nd leg. Last finishing runner of the 2nd leg changes over to 3rd leg runner (W20), but W20 runner changes over to M20 runner of the last (4th) leg.

Color number bibs the same as map number bibs will be used. Relay changeover schema:

http://www.okzk.lv/jaunumi/data/augsuplades/images/BJC/infografika_BJC.jpg

Time limit

Maximum competition time for long distance is 2 hours. Participants exceeding set time limit will be disqualified.

Results

The results in each class will be posted on the result board at competition centers and Event center. Complete results with split times will be published as soon as possible on www.okzk.lv. Teams overall standings of teams will be calculated from the 3 best individual participants' results in each class from the long distance competition together with the 3 best mixed relay team results. [3 best teams will be awarded.](#)

Transportation, other services

Long distance, Saturday, October 13, Competition Center - *Cirpstene*

All participants must travel on their own to Cirpstene. It's ~6 km from both accommodation places to the competition center (~ 15 minutes driving time). There will be free parking for the buses and cars near the competition center.

Services at the competition center: toilets, free parking for busses and cars. There will be no showers in competition center – competitors must use showers in their accommodation.

[First medical aid will be available in the finish area.](#)

[Speaker: Jānis Tamužs.](#)

Relay, Sunday, October 14, Competition Center – Camping “Piejūras kempings”

All participants travel on their own to *Piejūras kempings*. It is ~ 2 km from both accommodation places to the competition center (~ 5 min driving or ~ 15 min walking).

Services at the competition center: toilets, showers of the camping. [First medical aid will be available in the finish area.](#)

[Speaker: Jānis Tamužs.](#)

Parking of cars and busses: streets around the camping area, parking lot for cars and busses near camping:

http://www.balticmaps.eu/?lang=lv&draw_hash=eibguq¢erx=351950¢ery=6362759&zoom=1&layer=map&ls=o

Terrain, maps, courses

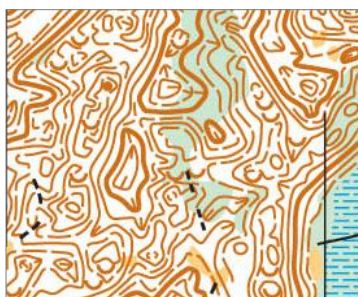
Long distance

Terrain and map has a lot of contour details - small and middle dune forms. Mostly coniferous (pine tree) forest with dense path and dense forest road network. The difference between the highest and the lowest points in the terrain is around 25m. Visibility and runnability is mostly good with some areas with reduced running speed.

Map: “Cirpstene” scale 1:10 000 and 2,5 m contour interval. Drawn by Indulis Peilāns and Leonīds Malankovs in 2009. Renewed by Indulis Peilāns, August, 2012.

NB! Some barbed wire, abandoned buildings and garbage are dangerous places, hazards in the terrain. It's strictly prohibited to enter abandoned buildings near competition center! Competitors breaking this rule will be disqualified! Please don't touch any objects other than SI stations, you may find in terrain!

[There will be 2 water stations in the terrain and water after the finish.](#)



Courses of Long distance:

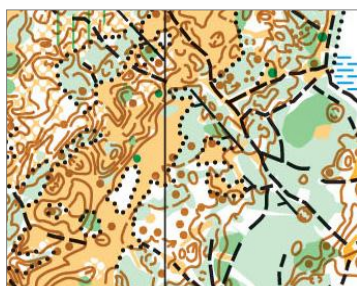
Class - Length – Controls – EWT (expected winning time)

M20	11,6 km / 25 controls	65-70 min
W20	8,3 km / 20 controls	60 min
M18	9,4 km / 22 controls	55 min
W18	7,2 km / 18 controls	50 min
M16	7,3 km / 18 controls	50 min
W16	6,1 km / 16 controls	45 min

Relay

Terrain is very detailed, a lot of contour details - small and middle dune forms. A lot of small roads and paths, courses planned with a lot of forking. Runnability varies from very good to medium.

Map: "Piejūras kepings" scale 1:10 000 and 2,5 m contour interval. Drawn by Indulis Peilāns and Leonīds Malankovs in 2008. Renewed by Indulis Peilāns in 2012



Courses of Mixed relay:

Leg, class - Length – Controls - EWT (expected winning time)

- 1st leg M18 (5,7-5,8 km), W18 (4,7-4,8 km), EWT - 30 min,
- 2nd leg M16 (4,5-4,6 km), W16 (3,6-3,7 km), EWT - 30 min,
- 3rd leg W20 (5,5-5,6 km), EWT - 35-40 min,
- 4th leg M20 (6,9 km), EWT – 38-40 min

All legs have spectators' CP and ~ 1,5 km on their course and to complete after it. Runners of all legs will enter and exit 3 gates in the fence of the camping area on their course.

NB! Some barbed wire, abandoned buildings and garbage are dangerous places, hazards in the terrain. It's strictly prohibited to enter abandoned buildings! Competitors breaking this rule will be disqualified!

There will be 2 water stations in the terrain and water after the finish.

Anti-doping

The rules of the IOF Anti-Doping Code, valid from January 1, 2007 apply.

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