



ZIEMEĻKURZEME

Rogain "Talsu pauguraine"

May 2-3, 2009

Bulletin No 3

Organizer

OK Ziemeļkurzeme

Map, course setter: Aivars Žogla

Course service: Arvis Henrišs, Harijs Meiers, Ivars Šleiners

Technical director: Aigars Vārna

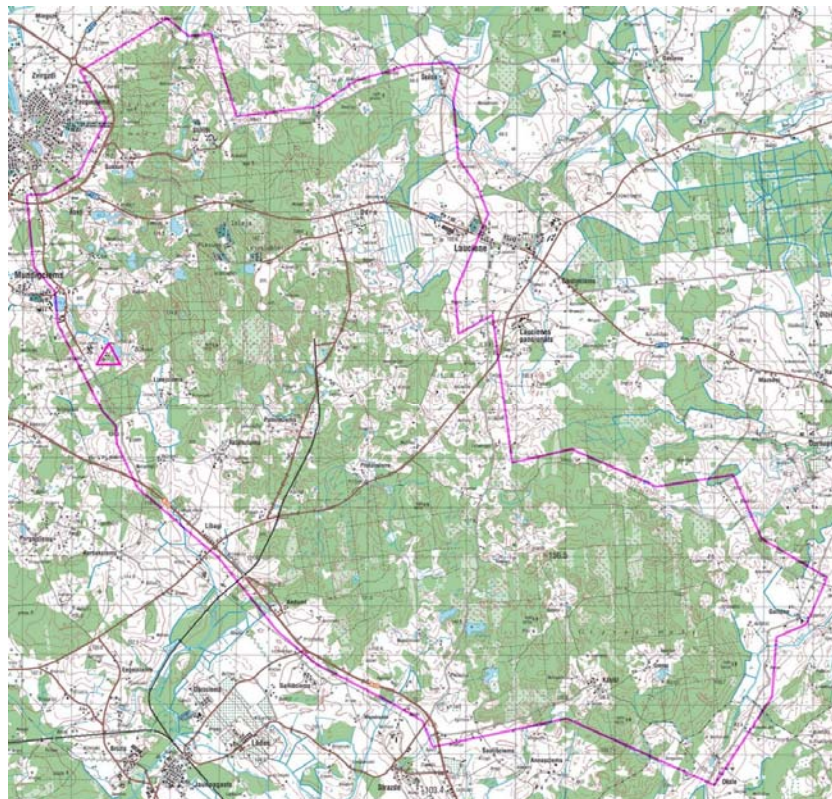
Registration, catering, etc.: members, friends, supporters of OKZK.

Competition area, hash-house

Talsi hillock and neighbourhood. **Hash-house – guesthouse „Vizbulītes”**. Directions from road Rīga-Ventspils exit to Mundigciems, from road Jūrmala-Talsi exit to Mundigciems and from road Kuldīga-Talsi exit to Mundigciems. Follow the directions at the competition centre.

URL to the hash-house:

<http://maps.google.com/?ie=UTF8&ll=57.204828,22.621536&spn=0.043793,0.153809&t=h&z=13>



Rules

Time limit – 6 or 12 hour on feet, 6 hours - bicycles.

Teams of 2-5 members. **(No individuals!)**

The rules of rogaining of the IRF and LOF apply.

Additions and special instructions.

1. Dogs are permitted at competition area, since everybody may ask owners to limit free movement of animals.
Potentially one can meet dogs and wild animals on course. Dogs, while outside their residence, are friendly.
2. It is prohibited to cross house yards, it's recommended to pass houses along sidetracks to let residents feel comfortable. It's prohibited to enter industrial areas (purple hatch). Other closed areas are residential areas, gardens, cemeteries are mapped dark green. The most of open areas in yellow are fields and are prohibited to cross. Be careful in old earth banks.
3. Only compass and competition map may be used for navigation. Any other means may be used for purposes not related to navigation.
4. Planning may be done by any means.
5. Every MTB team member starts and finishes on bike. Using of bikes on course is not limited.
6. Number bibs will be used. They must be attached to clothes or equipment and must be well visible. Number bib is an A5 size sheet which reads the team name and number, competitor name and number in team, number of SI-Card.



Example. Team *Lēnie zibeņi*, team number *1701*, competitor – *Rets Makvīns*, number in team – *1*, number of SI-Card *398721*.
Check correctness of the data on your number bib at registration.

7. Equipment and clothes must be equipped with reflectors.

It's very advisable to equip at least one team member with reflective vest (from the car set), since moving along public roads with medium traffic is very probable in teams' course plans. Bicycles of MTB teams must be equipped according the traffic rules. All competitors are self-responsible to follow the traffic rules.

Competition classes

MO, WO, XO – men, women, mixed open from 18 years of age. 15-17 years old competitors may join the team which has at least one member who is 21 years old or elder.

MV, WV, XV – men, women, mixed senior from 40 years of age.

MSV, WSV, XSV – men, women, mixed supersenior from 55 years of age.

MTB – MTB from 18 years of age, only 6 hour rogaine.

Family – at least 2 generations from one family, at least one member is 14 years old or younger, only 6 hour rogaine.

Competitors are self-responsible for state of health and health insurance.

Timetable

May 2

from 16:00 arriving, registration, team data checking

from 17:00 giving out of maps for 6 hours competition

18:00 6 hours start

from 20:00 giving out of maps for 12 hours competition

21:00 12 hours start

24:00 6 hours finish

May 3

24:30 6 hours competition ends

1:00 6 hours prize giving

9:00 12 hours finish
9:30 12 hours competition ends
10:00 12 hours prize giving

Competition area

One of Latvia's most beautiful counties, located in the highlands of Ziemeļkursa Vanema hillside southwestern part and Western Latvia geobotanical district. Nature park with rolling topography and depressions without runoffs. They are not often swampy, but have several small, very glamorous and picturesque lakes. Network of roads and tracks is quite dense. Heights at competition area are between 50 and 170 m above sea level. There are about 40% open areas. Area is quite populated.

Distance, KP un atzīmēšanās

There will be 50 controls – usual orienteering red-white flags with reflectors. Punching – Sportident. Controls have point values from 3 to 7. Point value of the control is first digit of control number. For example, control with number 33 gives 3 points, control with number 63 gives 6 points.

Total of all controls is 250 points.

Air distance between all controls ~75km.

One SI-Card will be attached to the wrist of each competitor. Only team member with team number, which corresponds to directions given on control station, punches at this control.

Example (non-exist).

Control 47

if team of **2** members, punches member with competitor number in team **1**;
if team of **3** members, punches member with competitor number in team **2**;
if team of **4** members, punches member with competitor number in team **2**;
if team of **5** members, punches member with competitor number in team **5**;
Other team members do not punch at this control.



There will be no points given for punching of other team members. Team will get points only from SI-Card with unbroken wrist attachment.

Map

Scale 1:35000, H = 5m

Simplified symbols of orienteering maps will be used. White – forest; dark yellow – fields, open areas; light yellow – felled areas, young forest, scattered trees, bushes, half-open areas; road symbols on the map will be given according passability. North lines are printed with interval of 1 km.

Full map sheet size – A2, printed on non-waterproof paper, A3 sized sealable plastic bags will be given for map protection.









Control descriptions – text on separate paper.

Map is based on 1:10000 topography, orthophotos, area investigation during 2009, other sources.

Map samples



Roads.

1		1 – 4 roads, rideable.
2		5 – roads, which are result of forestry trailing, with deep wheel trenches at places. Not all trailing roads are mapped.
3		
4		6 – rides, moving along them varies from impassable to rideable.
5		7 – less distinct rides, not all such rides are mapped.
6		8 – old roads, extremely variable, may disappear, covered with fallen trees, while rideable at places.
7		
8		

Water and forest

There are mostly crossable ditches and small watercourses. Some small watercourses are not mapped. Forests generally are hardly to run, overgrown, with fallen areas, fir-tree new forests. Some fresh clearances may not be mapped.

Penalties

Each full minute over time limit gives 2 penalty points, which will be subtracted from collected points of the team. If team finishes 30 minutes and more over time limit, team's final result for competition will be 0 points.

Water points and catering

There will be some non-serviceable water points with fresh water tanks. Placement of these points will be shown on map and described in control description paper. There is also one natural mineral drinkable water spring on the course.

Catering is served after finish. It will be available from 22:00.

Entries

Entries are accepted only online, while filling entry form on OK Ziemeļkurzeme homepage

<http://www.okzk.lv>

Entries receive status: registered (immediately after submitting of entry, do not make payment yet), approved (team may make payment), competitor (payment received).

Entries will be registered from February 1, 2009 until April 20, 2009

Organizers can supply SI-Cards for 200 competitors. If some competitors will use their own SI-Cards, total number of competitors may grow.

Entry fee

Members of OK Ziemeļkurzeme: 10 LVL/N, where N is number of team members.

Any other: 8 LVL per team member, superveterans and families – 7 LVL, if competitor uses his/her own SI-Card, entry fee falls by 1 LVL. *Lost SI-Card will be charged as follows: SI-6 – 35LVL, SI-5 – 20LVL, SI-8 – 25LVL*

Entry fee for whole team must be paid during a week after entry has been approved. Payment must be transferred to OK Ziemeļkurzeme account (see OK Ziemeļkurzeme account details). Please, specify "rogaining" and your team name. **Foreign competitors may pay entry fee also at registration.** Entry fee covers expenses for competition, map for every team member, catering after finish, HashHouse rent with parking place and tent place, prizes, other management and service expenses.

Prizes

Top 3 teams in each time and class category will be awarded, if there will be more than 4 teams per class. One team will be awarded, if there will be less than 5 teams in class.

Accommodation

See <http://www.talsurajons.lv/index.php/page,Content/id,175>

You can also book a rest at guesthouse „Vizbulītes” for 15 euros per person.

Info and FAQ

WWW: <http://www.okzk.lv>

OK Ziemeļkurzeme account details

Reg. Nr.: 40008111499

Legal address: Lauri, Ugāles pagasts, Ventspils raj.

Account: LV44HABA0551016204530 (SWEDBANK)

Prestart information (team numbers, registration procedure, etc.) will be published on April, 29.



TALSU RAJONA PADOME



kurtuesi



TALSI