



5th Latvian Rogaining Championships

Pre-start info

Arrival

Parking at the competition centre will be managed according competition times of the teams. Follow directions on arrival!

Registration, competition hand-outs

1. Any changes in the team must be declared at the registration.
2. Make the payment of entry fee. Prepare exact amount if possible.
3. At the registration you will get number bibs, SI-Cards, T-shirts, etc.
Number bib may be not attached to equipment during competition. Nevertheless, it must be carried along all the competition, either attached or in pocket of backpack. (Safety pins will not be distributed.)
4. Maps will be distributed in time at the registration place.
5. Si-Card will be attached to competitor's wrist by registrars. This must be done between registration and mass start. Competitor visits registration with prepared SI-Card which has elastic band detached. Registrar attaches plastic band and attaches SI-Card to competitor's wrist. Clear and check will be done immediately after attachment.

Start

Mass start will take place from start area. Team announces entering the start area to the start judge, displaying attached SI-Cards and number bibs.

Teams, which are late to the mass start, begin competition after announcement to the judge at the competition centre. Finish time for teams, which are late, are the same as for all other.

If any control station is damaged, inoperable or stolen, team must take one paper scrap, which will be disposed at the control place.

There is planned 2 water stations on course, according to distance to the competition centre.

Water will be available also at the competition centre. If you see water shortage at the water point, we will be grateful, if you send some message to the competition centre.

Placement of the water stations will be clarified on control description paper. Competitors may decide the way to mark water stations on the map.

If the team faces serious problems on the course, make the call to the competition centre and we will manage some solution. It may be the necessity of transportation or any other.

Day and night

25 July 2009 Universal Time + 3h

Sunset	21:59
End civil twilight	22:53
Moonset	22:37

26 July 2009 Universal Time + 3h

Begin civil twilight	04:23
Sunrise	05:17

Moon phases

New Moon	JULY 22 2 35
First Quarter	JULY 28 22 00

Laika apstākļu prognoze (gismeteo, wetteronline)

25.07.

+14°..+20°, 5m/s, humidity ~80%, possibility of showers and thunder in the morning

26.07.

+12°..+14°, 5m/s, humidity ~95%, possibility of showers

Finish

Finish station is located closely to competition centre and will be in place already before start.

Every team member must punch at the finish station, the finish time of the team is the time of the latest team punch. Every team member reads the SI-Card at read station and collects the printout. Team also collects the score list.

If any team member draws out, team follow the rogaining rules.

If rent SI-Card is lost, agreement will be sign and team must pay the fee as defined in Bulletin 3.

Catering and other services

Some light food, chocolate bars, sport food, snacks will be available for cash on July 25, 9:30-12:00.

Catering tickets will be given at the registration. Don't lose them, otherwise you will lost catering which is included into entry fee.

Menu

6h(after competition)

Asorti soup, bun, juice drink

24h(once between start and finish)

Asorti soup or oat porridge, tea(tea-bags) or coffee (dissolvable)

24h(after competition)

Goulash (meat sauce) with potatoes, bun, juice drink.

There will be possible to get some extra food for cash after competition (barbeque, salad, beer, etc.)

Toilets, shower will be available at the competition centre. Of course, the throughput of these facilities may be limited at "maximum hours". Please, be tolerant if there will form some queues. Trash sacks will be located over the area of competition centre. Please, don't leave trash on course, at parking and tent.

Contact phone at the competition centre

29205886